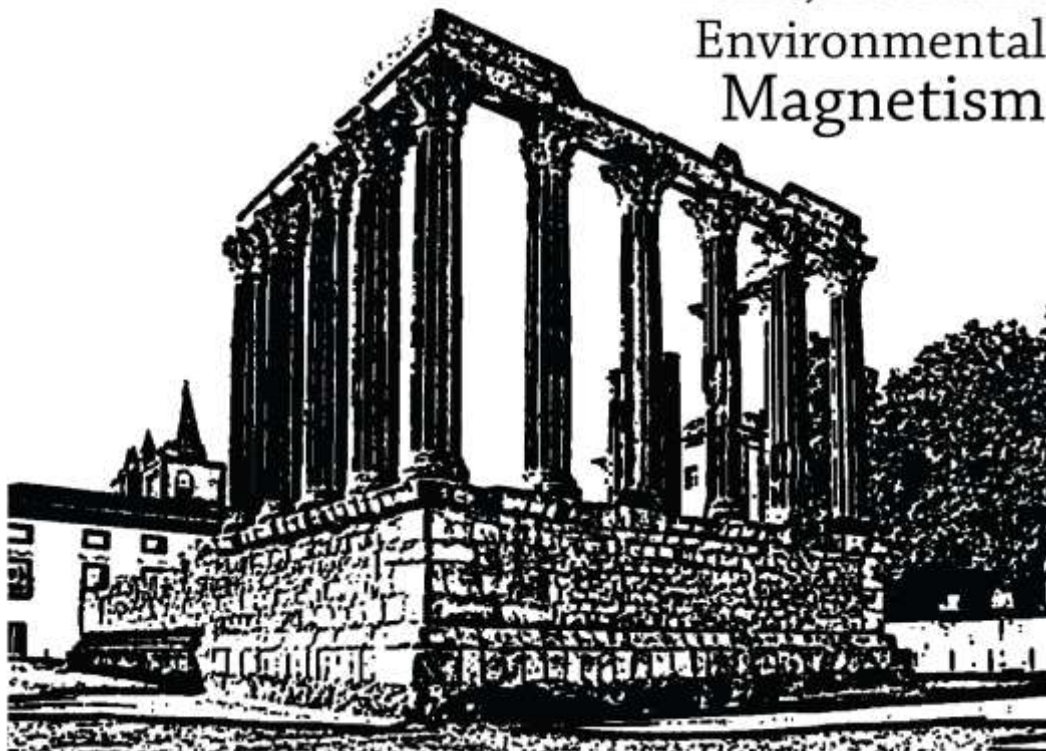


14TH CASTLE MEETING

ÉVORA, PORTUGAL
31 August - 6 September 2014

New trends on
Paleo, Rock and
Environmental
Magnetism



Daily Menu

Sunday (31/08/2014)

Welcome drink and Dinner (Barbecue) – Hotel M'Ar De Ar Muralhas

Grill

- Sardines
- Pork steaks
- Fresh sausages
- Chicken escalope
- Streaky pork
- Rump steak
- Thin smoked sausage

Hot side dishes

- Baked potatoes
- Pea rice
- Black beans with smoked sausage
- Vegetables of the season

Salads

- Lettuce Salad
- Tomato Salad with Oregano
- Corn Salad with coriander
- Rice salad with raisins
- Mushroom salad with fried bacon
- Chicory salad with red lettuce

Desserts

- Assorted jellies
- Chocolate mousse
- Fruit salad
- Soft pineapple ice cream
- Whipped cream tart

Monday (1/09/2014)

Buffet Lunch - Hotel M'Ar De Ar Muralhas

Hot dishes

Vegetables cream soup
Oven roasted salmon with mushroom sauce and green tagliatelle
Grilled pork loin with lemon butter and mashed potatoes

Cold dishes

Tuna salad with black-eyed beans
Pasta salad with tomato sauce
Lettuce with sun dried fruits
Roasted turkey breast with spices
Tomato salad
Pea salad with macaroni seasoned with oil and vinegar

Desserts

Fruit salad
"Serica"
Apple tart
Chocolate cake
Caramelized custard

Dinner - Hotel M'Ar De Ar Muralhas

Hot dishes

Portuguese cabbage soup with smoked thin sausage

Salted codfish with salad
or
Turkey steaks with orange gravy, carrot rice and salad

Dessert

Convent egg pudding

Tuesday (2/09/2014)

Buffet Lunch – Hotel M’Ar De Ar Muralhas

Hot dishes

Leek soup with virgin olive oil
Gilt fillets with mashed cauliflower
Oven roasted chicken legs with potatoes

Cold dishes

Marinated olives
Tomato salad with roquette and nuts
Curry chickpeas salad with tuna
Gourmet lettuce salad with figs
Black beans salad with onions and smoked sausage
Grilled pork steak salad with olive oil and vinegar
Chicken salad with cocktail sauce

Desserts

Fruit salad
Fresh fruit crumble
Rice pudding with eggs and cinnamon
Strawberry jelly
Cream pudding with wafers

Dinner – Hotel M’Ar De Ar Muralhas

Hot dishes

Tomato salad with cheese and oregano

Perch in the oven with cream lemon sauce and pea rice
or
Duck rice with salad

Desserts

Pear tart with cinnamon

Wednesday (3/09/2014)

Buffet Lunch - Hotel M'Ar De Ar Muralhas

Hot dishes

- Cream of potatoes with lettuce
- Dogfish with coriander and baked potatoes
- Veal stew with spaghetti

Cold dishes

- Rice salad with raisins
- Thin sliced prosciutto
- Lettuce salad with carrots
- Corn salad with ham
- Roasted pork leg with honey
- Mushroom salad with coriander
- Mixed potato salad with tuna

Desserts

- Fruit salad
- Sweet vermicelli
- Wafer cake
- Chocolate mousse
- Eggs pudding

Dinner - Restaurant Sem-Fim

Cold dishes

- Shed of bread, butter and olives
- Marinated carrots
- Chickpeas with cod
- Cheeses

Hot dishes

- Codfish-style house with garden salad
- or
- Charcoal grills (white pork) accompanied by mashed brad with coriander
- or
- Tomato soup with cheese and two poached egg

Desserts

- Sweet mashed brad (Alentejo specialty)
- Rice pudding
- Eggs pudding
- Fruit

Thursday (4/9/2014)

Buffet Lunch – Hotel M'Ar De Ar Muralhas

Hot dishes

- Red beans cream soup
- Grilled swordfish with vegetables
- Oven roasted leg of pork with bread porridge

Cold dishes

- Tomato salad with soft cheese
- Turkey salad with nuts and yoghurt sauce
- Indian saffron rice salad
- Marinated olives with thyme
- Potato
- Salad with paprika
- Veal roast beef Portuguese style
- Assorted lettuces salad with sundried fruits

Desserts

- Fruit salad
- Lemon tart
- Mango mousse
- Eggs pudding
- “Encharcada” (almonds and eggs pudding)

Dinner – Hotel M'Ar De Ar Muralhas

Hot dishes

- Pumpkin cream soup with shallots
- Whiting fillets with coriander rice and salad
- or
- Turkey stroganoff with cream mushrooms and buttered macaroni

Desserts

- Chocolate soft ice cream

Friday (5/9/2014)

Buffet Lunch – Hotel M'Ar De Ar Muralhas

Hot dishes

- French beans salad with smoked sausages
- Pasta with fish
- Roasted rumpsteak with Alentejo herbs and sautéed potatoes in olive oil and garlic

Cold dishes

- Sliced Alentejo smoked sausage
- Lettuce salad with orange
- Chick peas salad with orange
- Tomato salad with cucumber
- Assorted salad with balsamic vinaigrette

Desserts

- Fruit salad
- Caramel pudding
- “Sericá” with plums
- Wet honey cake
- Coffee mousse

Dinner

To define later